

First United Methodist Church Foster Empowerment Program Guidelines

Goals:

- A safe and affordable place to live
- Learn to earn and save sufficient income to meet daily needs
- Set and achieve personal goals
- One on one mentorship in the following areas: finance, health and wellness, cleanliness, and personal mentorship
- Exposure to faith based opportunities
- Support for the avoidance of illegal and high risk behaviors.

All residents will:

- Be employed at least 30 hours a week or be enrolled in a full-time higher education program. If enrolled in a part-time education program, must work at least 15 hours a week
- Live in harmony with another individual in a shared living space
- Share household chores and upkeep
- Treat roommate, mentors and other neighbors with respect and courtesy.
- Observe quiet hours from 10PM to 7AM each day
- Be allowed one vehicle
- Meet weekly with a mentor provided by the program
- Attend one church activity each week (Yoga, Sunday school, Celebrate Recovery, Bible study, etc...)
- Attend one of the three worship services three Sundays a month
- Contribute to a personal savings account
- Develop and work on three personal goals
- Comply with program expectations
- Be honest

There will be:

- No violence in the apartment
- No drugs or drug use in the apartment

- No illegal activities in the apartment
- No smoking indoors
- No weapons of any kind in the house
- No pets
- No other person staying in the apartment or sleeping over

Procedures:

Non-compliance of the above guideline:

Resident will be written up and an action plan will be put in to place to allow time for compliance as set forth by program chair and mentors. Failure to follow plan and come in to compliance will result in discontinuance of the program.

Suspected drug use:

If any mentor reports suspected drug use by the resident, the resident will be required to have a drug test. If the drug test is refused, the resident will not be allowed to continue in the program. If the drug test is performed and comes back positive, an action plan will be put into place which will include but is not limited to: required drug counseling and support, as well as weekly follow-up drug test until drug test are negative. The time frame for compliance is on an individual basis.

A second positive drug test will result in discontinuance of the program, and the resident will be required to move out.

Work hours/school enrollment:

If any resident is unable to show legal proof of work hours or enrollment in a post secondary education program they will be required to work with their mentor to secure a job. A plan will be set by the resident and mentor to work together to hold the resident accountable to applying, interviewing, and securing a job.